



# FBK Pentest Lab

Создаём лабораторию для оптимизации системы внутреннего контроля в части ИБ

# Who we are?



We are a subsidiary of the largest Russian audit and consulting FBK Grant Thornton and specializes in providing services in the field of practical information security.



**Mikhail Firstov**  
Head of research group  
More than 10 years in hacking

# What is penetration testing?

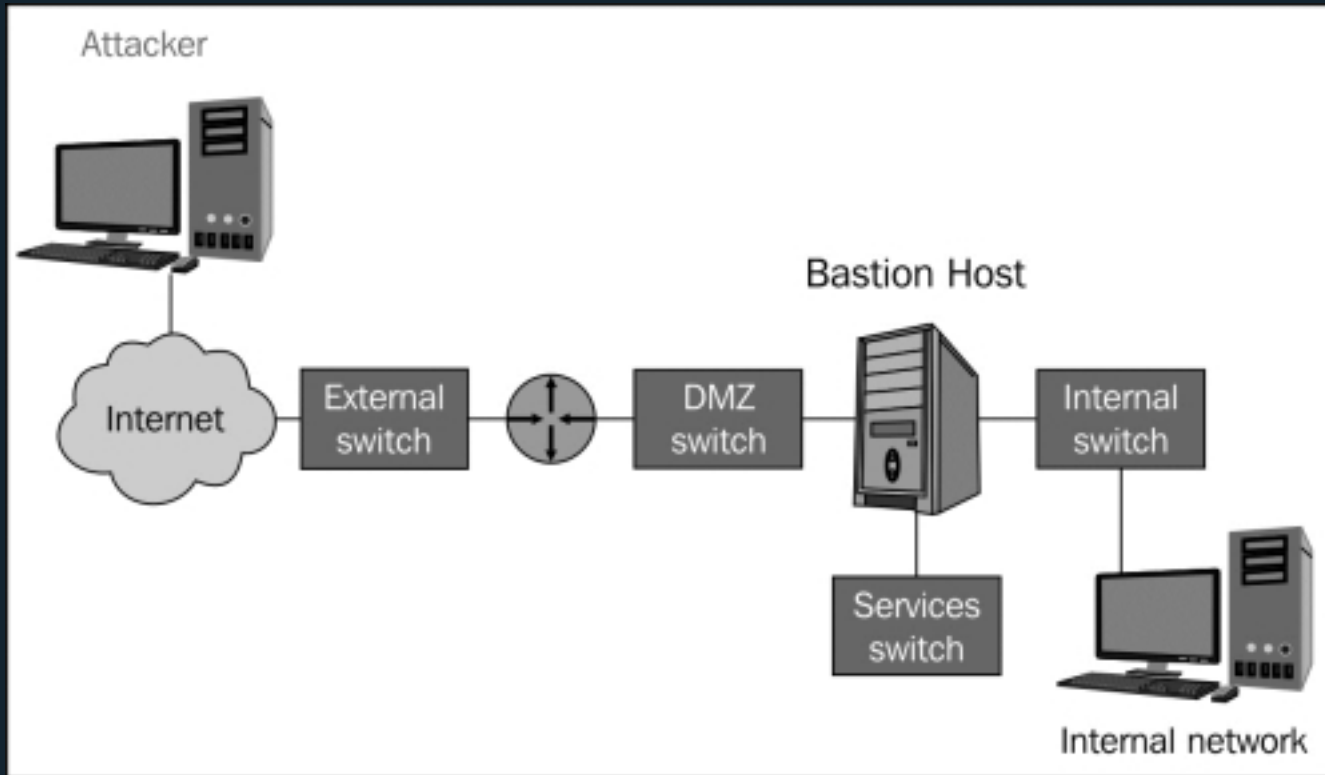


Black Hat  
(real hacker)



White Hat  
(pentester)

# What is penetration testing lab?



Simulate infrastructure of the real company



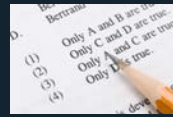
# Why you need the lab?



## How to test knowledge of job applicant?



Penetration testing team



### Tests?

Come on, we are in the 21th century. It's non-practical and unrepresentative



### Interview?

Yes, but how will the employee behave in a real project?



### Make tasks?

Yes, but it's too labor-intensive. In addition, the write-ups may be leaked



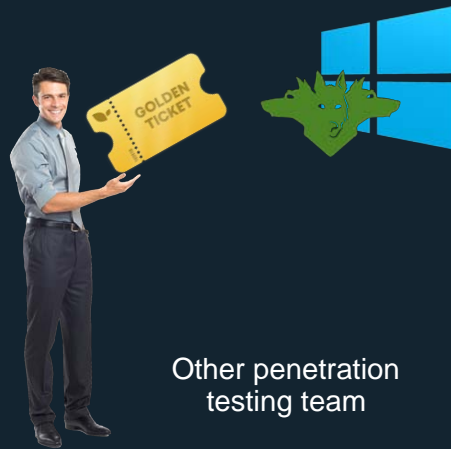
Job applicant approved by HR specialist



# Alternatives?



Your penetration testing team



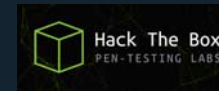
Other penetration testing team

How to improve knowledge of your team?



## Play CTF?

Unrealistic and there is no Active Directory vulnerabilities



## Hack The Box?

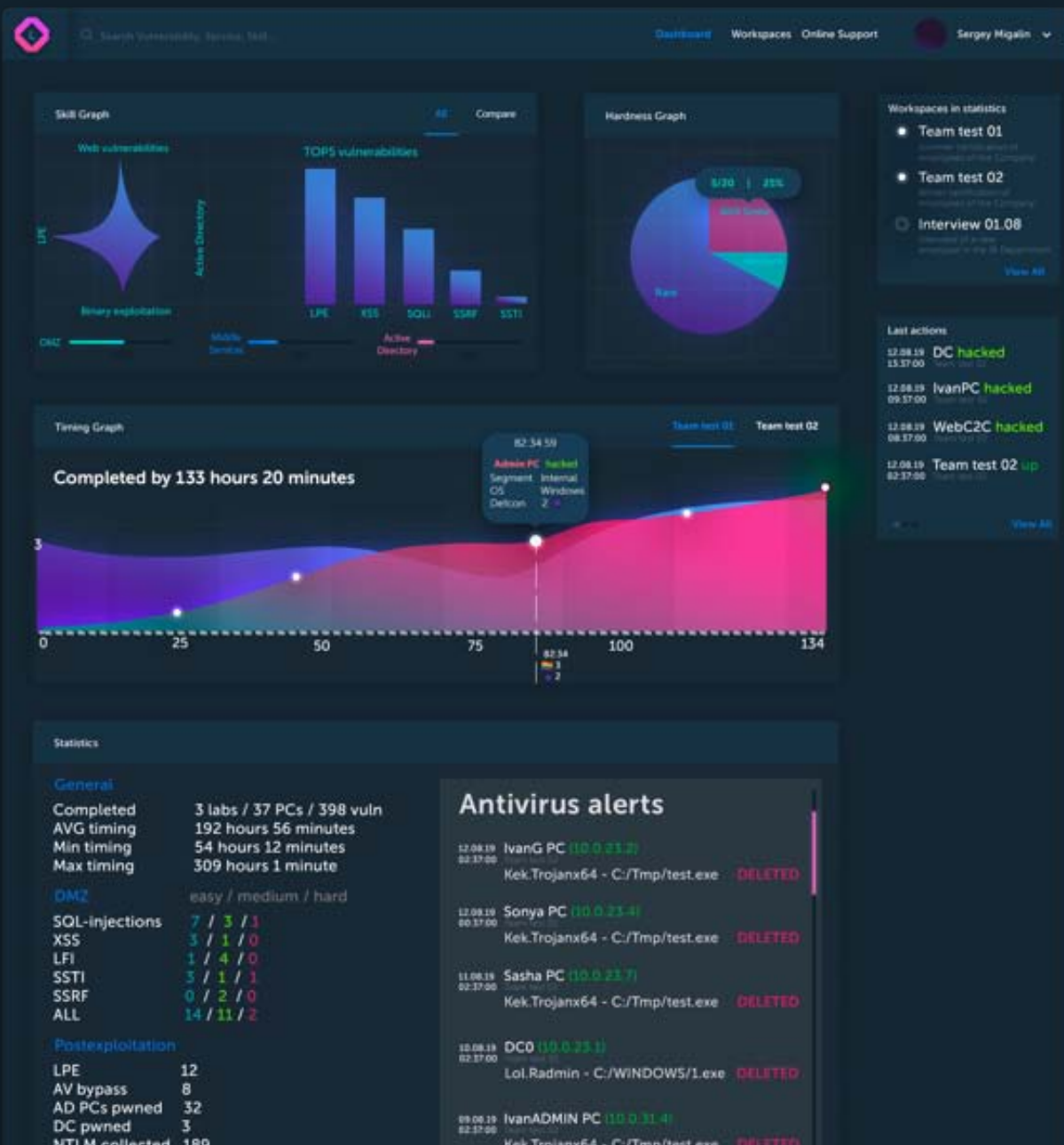
Monotony, unscaled, without detailed statistics on the skills



## Pentest-it lab?

The same: monotony, unscaled, without detailed statistics on the skills

# FBK Pentest Lab



scalable

randomizable

great statistics features

supports any vulnerability



Search Vulnerability, Service, Skill...

Dashboard Workspaces Online Support

Sergey Migalin

Team test 01

Info Statistics

### Team test 02 RUNNING

Testing of competencies of the information security Department in August 2019

33% 4/12 hosts pwned  
DC **was not pwned**

Created: 20.07.2019 14:47  
Paid till: 12.08.2019 14:47

FBK{flag\_is\_here}

Send

Network map



Last events

ID	Event	Time	Machine IP	Status
01	Flag submit	02.08.2019 13:37	10.0.1.11	Accepted
02	AV Alert	02.08.2019 13:37	10.0.1.11	Deleted
03	PC pwned	02.08.2019 13:37	192.168.1.2	Pwned
04	Flag submit	02.08.2019 13:37	10.0.1.11	Accepted
05	Flag submit	02.08.2019 13:37	10.0.1.11	Accepted

Workspaces

Delete? Yes

Team test 01

Summer certification of employees of the Company



Team test 02

Winter certification of employees of the Company



Interview 01.08

Interview of a new employee in the IB Department



NEW

Current job

Team test 02

33% 12 days  
14 hours 2 minutes left

Defcon level



# Workspace



# Workspace | Creation



FBK CyberSecurity 2019

Every workspace is your **personal** unique penetration testing area



Workspace is **dedicated server** with various virtual machines



Every VM is unique and uses on **different technologies**



**Random mix** of vulnerable VMs and AD configuration per each lab



**Easy to customize** and set difficulty level

# Workspace | Interface



Team test 01

Team test 01 **STOPPED**

Testing of competencies of the Information security Department in January 2019

78% 10/13 hosts pwned  
DC pwned on 10.02.2019 09:10

Created: 20.01.2019 14:47  
Paid till: 12.02.2019 14:47

FBK(flag\_is here)

Network map

10.0.1.0/24 192.168.1.0/24 192.168.4.0/24

Get hint (2 hours)

10.0.1.11 Ubuntu 16.04

10.0.1.17 Windows Server 2016

192.168.1.2 Ubuntu 19.04

192.168.4.1 Domain controller

DMZ Mid IT office

Last events

ID	Event	Time	Machine IP	Status
01	Flag submit	02.08.2019 13:37	10.0.1.11	Accepted
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FBK CyberSecurity 2019

## User-friendly and easy-to-use interface

78% 10/13 hosts pwned  
DC pwned on 10.02.2019 09:10

Created: 20.01.2019 14:47  
Paid till: 12.02.2019 14:47

FBK(flag\_is here)

## Only one field to input all flags

### Last events

ID	Event	Time	Machine IP	Status
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05	Flag submit	02.08.2019 13:37	10.0.1.11	Accepted

## The story of your invasion

# Workspace | Network map



Watch the attack in real time

Team test 01 **STOPPED**

Testing of competencies of the information security Department in January 2019

10/13 hosts pwned  
DC pwned on 10.02.2019 09:10

Created: 20.01.2019 14:47  
Paid till: 12.02.2019 14:47

FBKiflag: Is here!

Send

Network map

Get hint [2 hours]

10.0.1.0/24 192.168.1.0/24 192.168.4.0/24

10.0.1.11 Ubuntu 16.04  
10.0.1.17 Windows Server 2016  
192.168.1.2 Ubuntu 19.04  
192.168.4.1 Domain controller

DMZ Mid IT office

Current job  
Team test 02

12 days  
14 hours 2 minutes left

Defcon level  
☆☆☆☆

Last events

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FBK CyberSecurity 2019



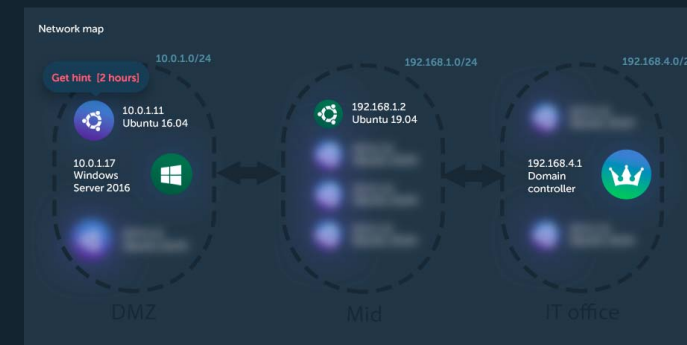
The network map allows you to track how far you have progressed



Hosts appear only if you find them



Segments open if you pwn PC



Make green every PC to 100% progress

# Workspace | Defcon level



See how "silent" you are

The screenshot shows a workspace for 'Team test 01' which is 'STOPPED'. It displays a network map with three nodes: '10.0.1.0/24' (Ubuntu 16.04), '192.168.1.2' (Windows Server 2016), and '192.168.4.0/24' (Docker controller). Below the map is a table of 'Last events' with columns for ID, Event, Time, Machine IP, and Status.

ID	Event	Time	Machine IP	Status
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Current job  
Team test 02  
78%  
12 days  
14 hours 2 minutes left  
Defcon level  
★★★★☆

It shows how "noisy" you are in the network and determines how standard are of your actions

IDS



Alerts



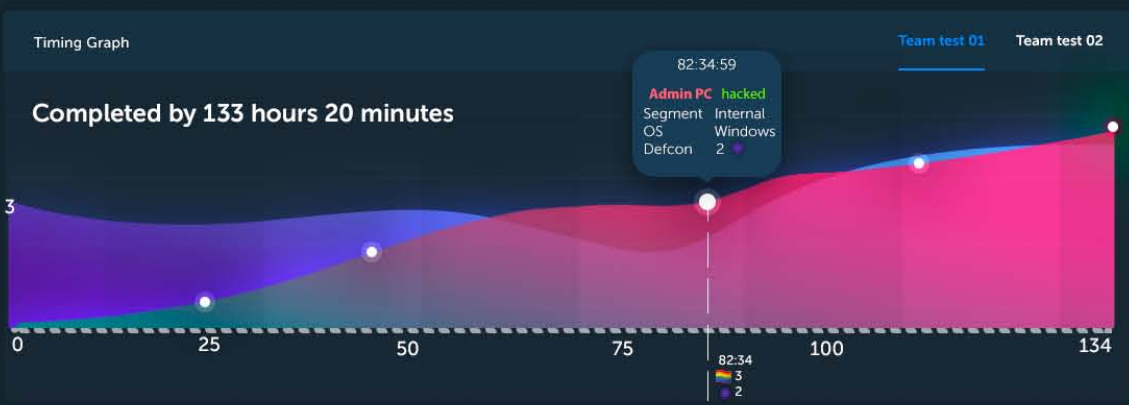
Score



KASPERSKY lab



- ### Workspaces in statistics
- Team test 01  
Summer certification of employees of the Company
  - Team test 02  
Winter certification of employees of the Company
  - Interview 01.08  
Interview of a new employee in the IT Department
- [View All](#)



- ### Last actions
- 12.08.19 13:37:00 DC hacked  
Team test 02
  - 12.08.19 09:37:00 IvanPC hacked  
Team test 02
  - 12.08.19 08:37:00 WebC2C hacked  
Team test 02
  - 12.08.19 02:37:00 Team test 02 up  
Team test 02
- [View All](#)

# Statistics

## Statistics

### General

Completed	3 labs / 37 PCs / 398 vuln
AVG timing	192 hours 56 minutes
Min timing	54 hours 12 minutes
Max timing	309 hours 1 minute

### DMZ

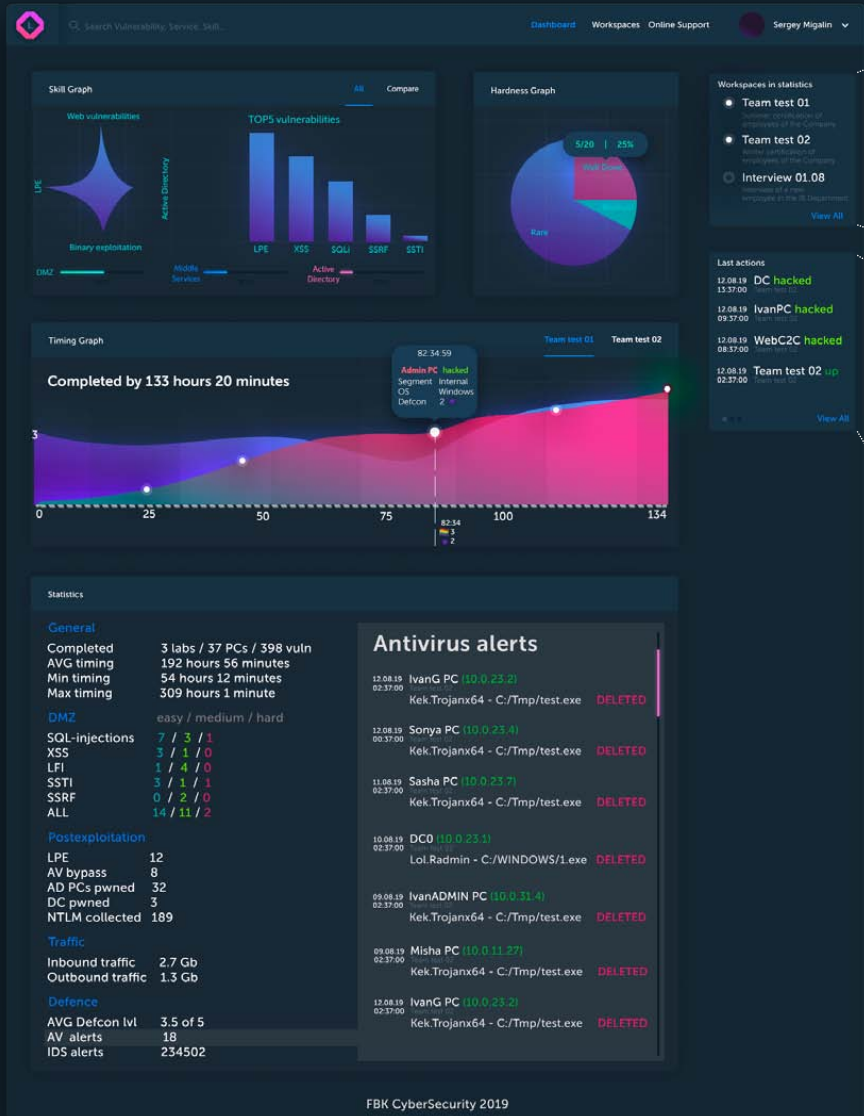
easy / medium / hard

SQL-injections	7 / 3 / 1
XSS	3 / 1 / 0
LFI	1 / 4 / 0
SSTI	3 / 1 / 1
SSRF	0 / 2 / 0

### Antivirus alerts

12.08.19 02:37:00	IvanG PC (10.0.23.2)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED
12.08.19 00:37:00	Sonya PC (10.0.23.4)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED
11.08.19 02:37:00	Sasha PC (10.0.23.7)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED

# Statistics



### Workspaces in statistics

- Team test 01  
Summer certification of employees of the Company
- Team test 02  
Winter certification of employees of the Company
- Interview 01.08  
Interview of a new employee in the IB Department

[View All](#)

Choose workspaces which statistic you want to compare with

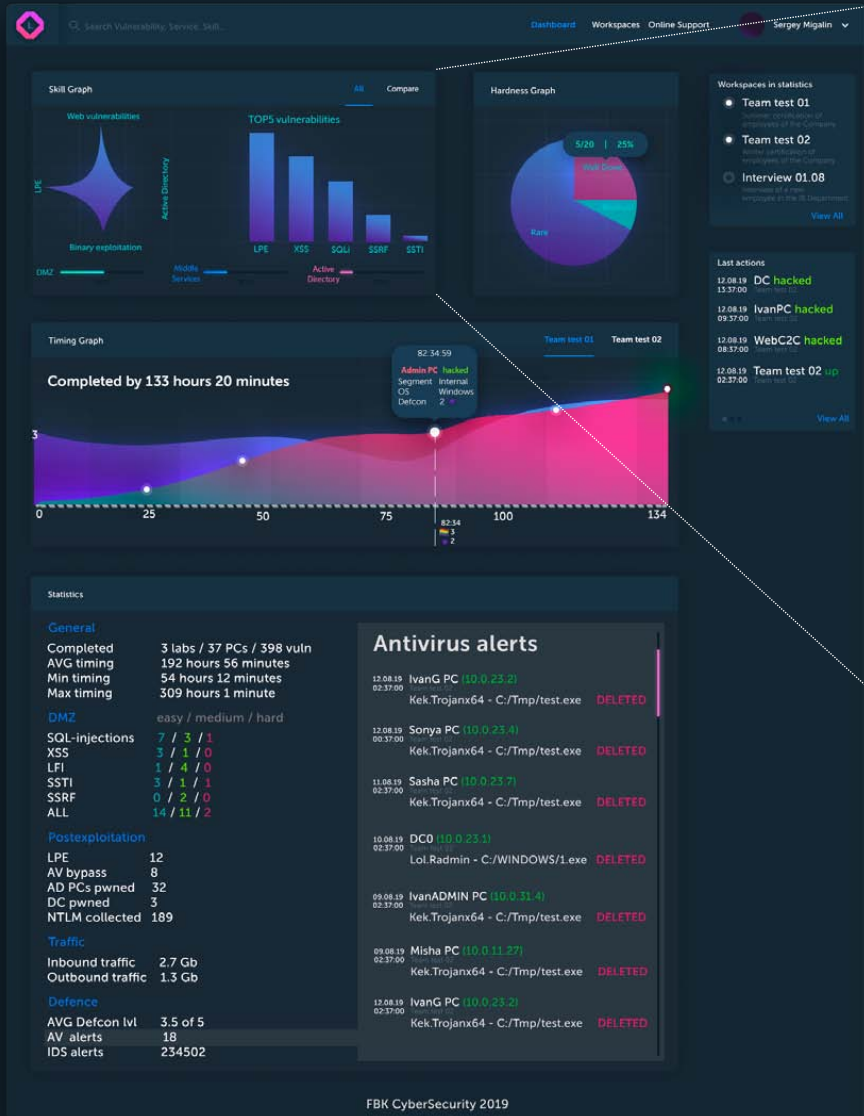
### Last actions

- 12.08.19 13:37:00 **DC hacked**  
Team test 02
- 12.08.19 09:37:00 **IvanPC hacked**  
Team test 02
- 12.08.19 08:37:00 **WebC2C hacked**  
Team test 02
- 12.08.19 02:37:00 **Team test 02 up**  
Team test 02

[View All](#)

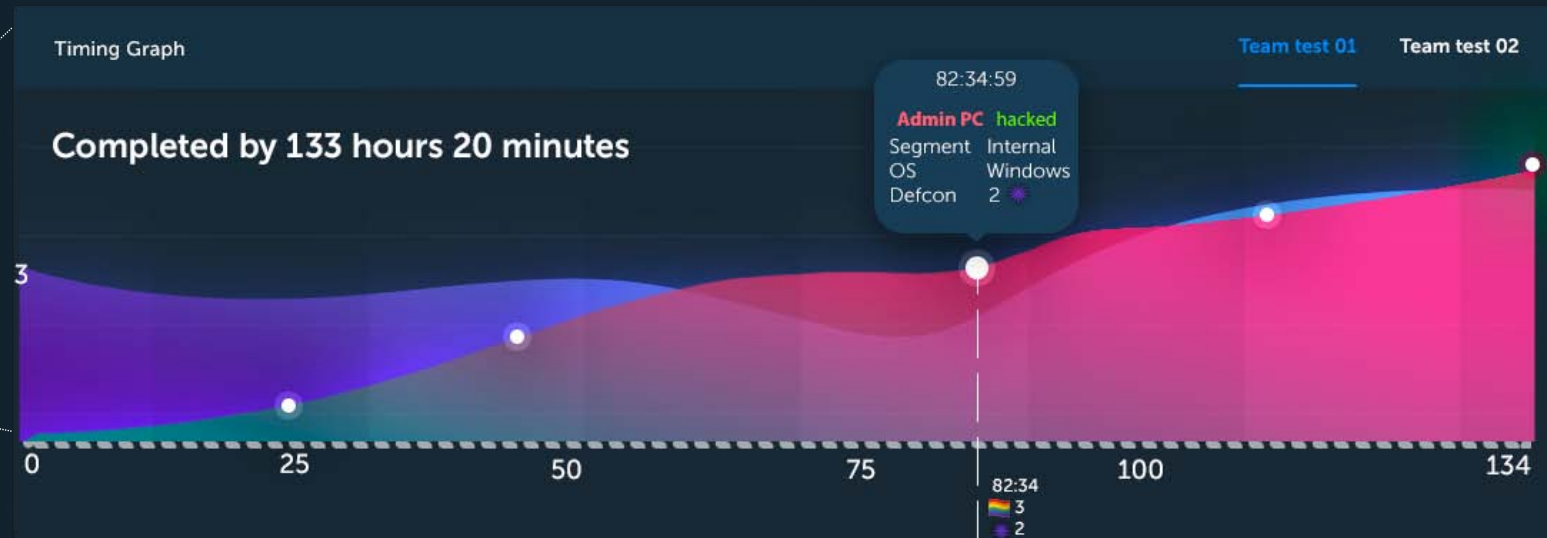
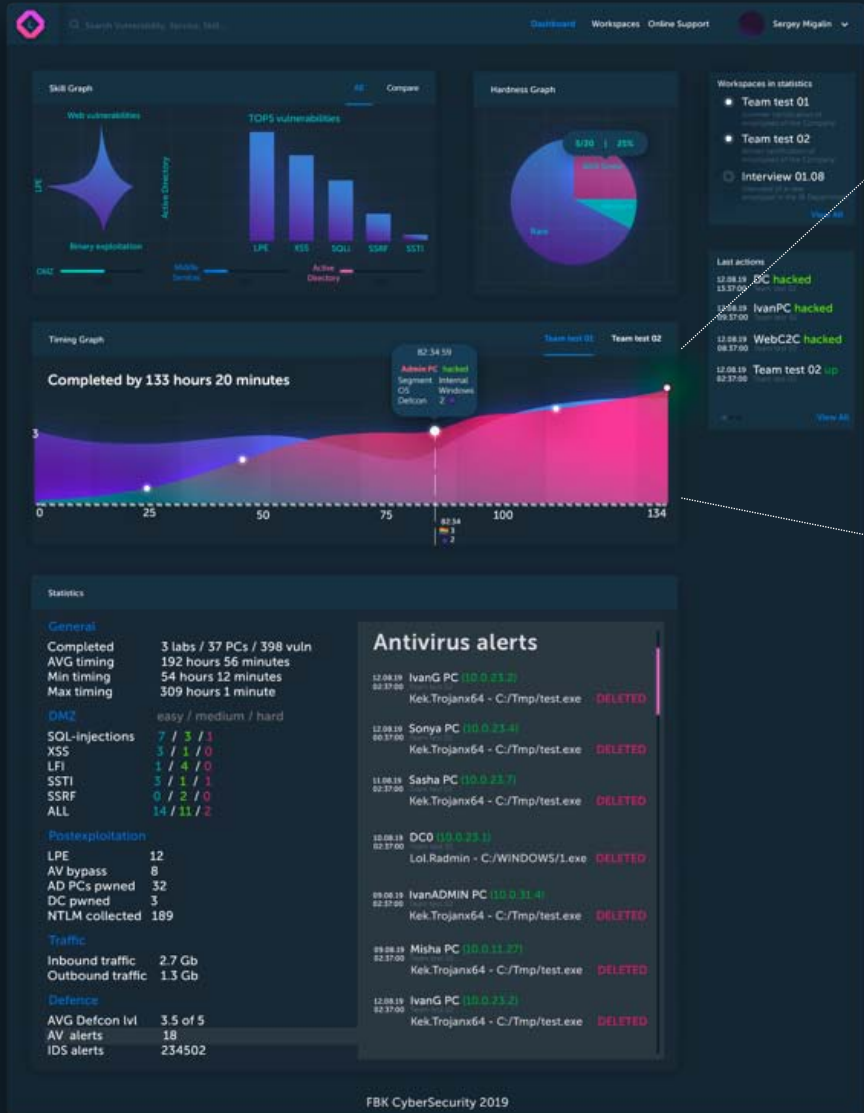
Track your last actions in real time

# Statistics



Check out which skills you have to improve or what you are good at

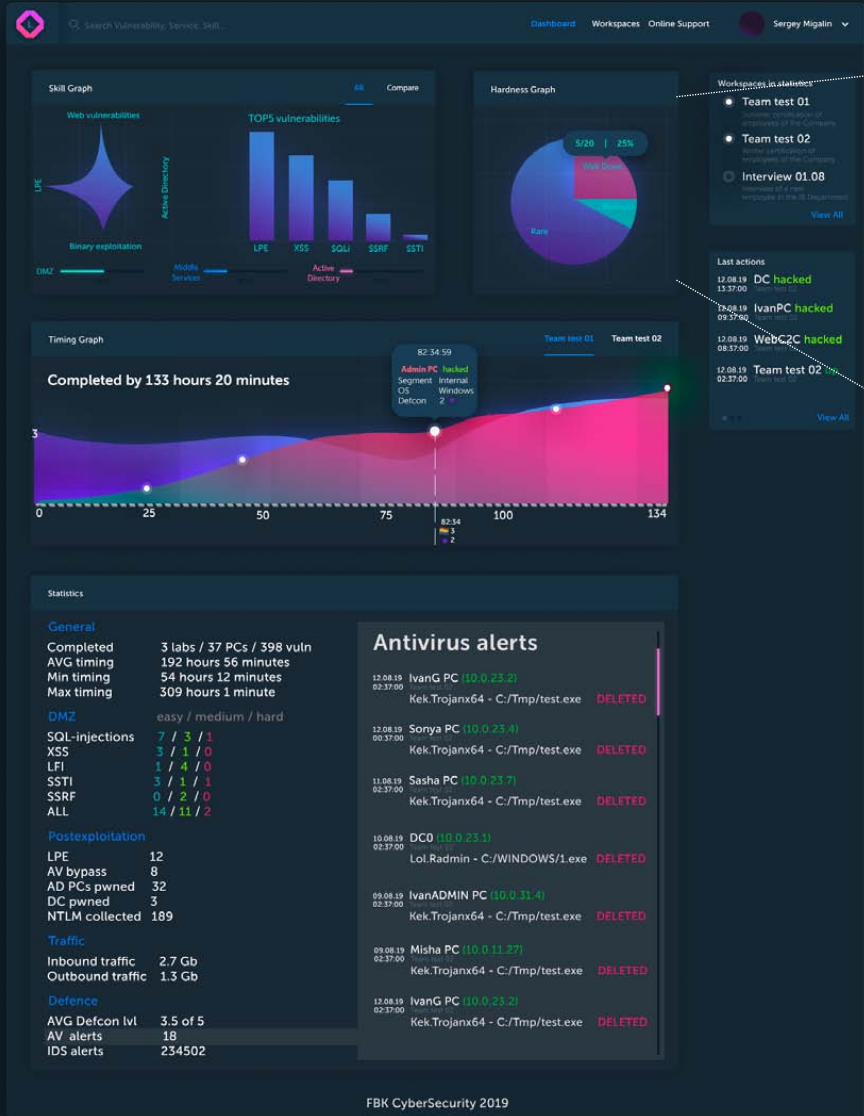
# Statistics



Check out correlation between defcon level and flag submitting

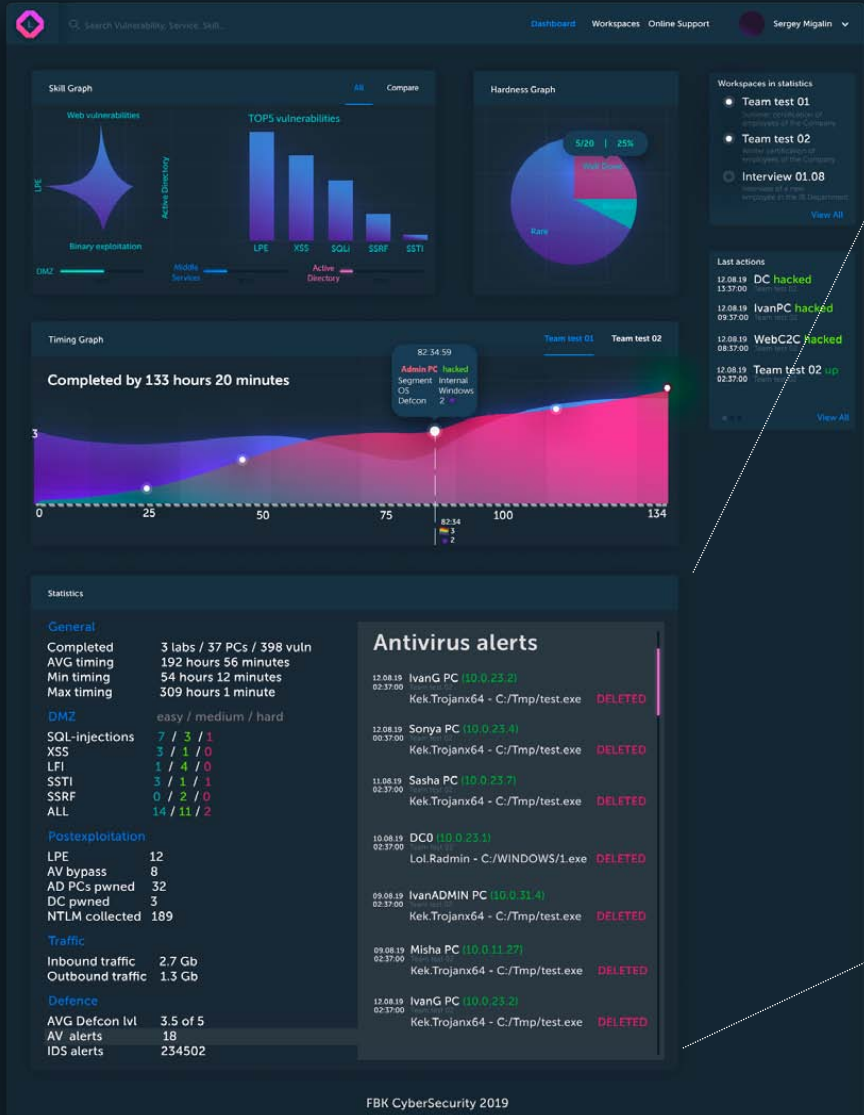


# Statistics



Check out complexity progress

# Statistics



### Statistics

#### General

Completed 3 labs / 37 PCs / 398 vuln  
AVG timing 192 hours 56 minutes  
Min timing 54 hours 12 minutes  
Max timing 309 hours 1 minute

#### DMZ

easy / medium / hard

SQL-injections	7 / 3 / 1
XSS	3 / 1 / 0
LFI	1 / 4 / 0
SSTI	3 / 1 / 1
SSRF	0 / 2 / 0
ALL	14 / 11 / 2

#### Postexploitation

LPE	12
AV bypass	8
AD PCs pwned	32
DC pwned	3
NTLM collected	189

#### Traffic

Inbound traffic	2.7 Gb
Outbound traffic	1.3 Gb

#### Defence

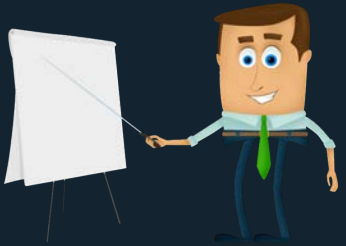
AVG Defcon lvl	3.5 of 5
AV alerts	18
IDS alerts	234502

### Antivirus alerts

12.08.19 02:37:00	IvanG PC (10.0.23.2)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED
12.08.19 00:37:00	Sonya PC (10.0.23.4)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED
11.08.19 02:37:00	Sasha PC (10.0.23.7)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED
10.08.19 02:37:00	DC0 (10.0.23.1)	Team test 02	LoL.Radmin - C:/WINDOWS/1.exe	DELETED
09.08.19 02:37:00	IvanADMIN PC (10.0.31.4)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED
09.08.19 02:37:00	Misha PC (10.0.11.27)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED
12.08.19 02:37:00	IvanG PC (10.0.23.2)	Team test 02	Kek.Trojanx64 - C:/Tmp/test.exe	DELETED

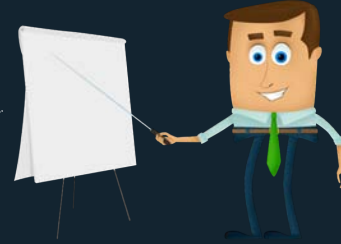
Check out general statistics across all workspaces and detailed AV report info

# Workshops | Summary



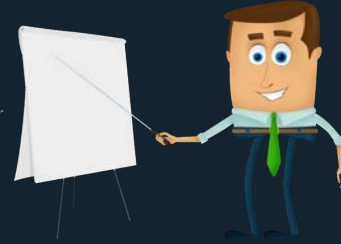
✓ Lectures

# Workshops | Summary



- ✓ Lectures
- ✓ Practical examples

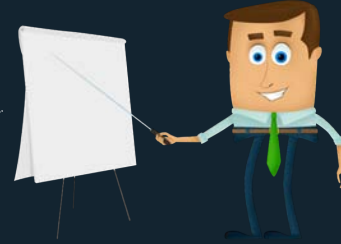
# Workshops | Summary



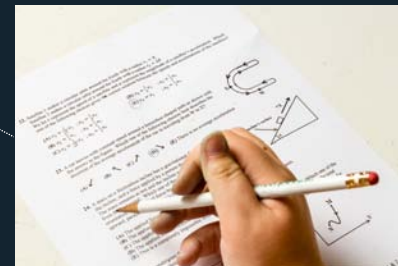
- ✓ Lectures
- ✓ Practical examples
- ✓ Online trainings



# Workshops | Summary



- ✓ Lectures
- ✓ Practical examples
- ✓ Online trainings
- ✓ Final exam



# Personal workshops for your team



If you want to teach your interns or improve qualifications of your full-time team, specialist from FBK CyberSecurity can hold a workshop.

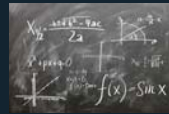


Your penetration testing team



## Different levels

Choose which workshop level would you like: basic, advanced or custom.



## Learn theory

Learn exclusive theoretical material about vulnerabilities, protocols and technics.



## Test new knowledge in practice

Solve a series of tasks to consolidate acquired skills.



FBK CyberSecurity team



# Summary?



- Focus on real security, not papers
- Think as offensive even if you are defensive
- Upgrade and invest in your Blue Team
- Lab is better than separated tasks for complex training



# Questions?



???



FBK | CS  
cybersecurity

[mfirstov@fbkcs.ru](mailto:mfirstov@fbkcs.ru)  
[info@fbkcs.ru](mailto:info@fbkcs.ru)